

2025 started with panic. People were unsure of what would happen, and there was a big plan for people with disabilities to have lots of important things cut from there lives with an upcoming bill.

So far in 2025, I have helped lead the Hands Off Medicaid Movement and joined a group of grassroots leaders, some from each congressional district, who meet once a week to brainstorm strategies. I helped collect stories from hundreds of people with disabilities in Wisconsin and create graphics for them. I have also taught a webinar series on Medicaid advocacy and storytelling. I help create graphics to help people better understand information.

2025 is marked by uncertainty, but it is also characterized by community, support, and unity like never before. People are willing to stand up and speak out when things aren't right and share stories of vulnerability. Every conversation you start, every barrier you help remove, and every moment you center disabled experiences contribute to a movement that's gaining tremendous momentum.

"I am somebody. I matter. People with disabilities matter." Let's not forget this!

We are tired, but we will keep fighting for our rights and lives.