



Each person is like a quilt, full of colors, and patterns.

Patterns Represent different religions, ethnicities and races, gender identities, cultures, etc.

Some people's quilts have chaotic patterns with vibrant colors, and some have calming patterns and similar colors.

People look at each other's quilts and admire the unique parts, and understand everyone has a past. They also realize that everyone has ancestors from many different countries, which is okay and makes them unique and valued.

Some quilts may be old and tattered, but some parts may have new pieces sewn when the person grows or changes. Some quilts may be bright and new but not as worn.

If you flip a quilt over, you see all the flaws and imperfections, but flaws make a person real. You can't hate parts of someone's quilt because each part makes them who they are.

What makes up your quilt? What patterns and colors are used?