

Reflection Activity:

Self-Advocate Best Practice	A Lot	A Little	Not at all
I know what abuse and neglect is and the signs of abuse and neglect			
I know where to go to report abuse and neglect			
I know about my rights and can get training on exercising my rights			
I work with service providers who ask me about my goals and interests			
My service provider does training with staff on rights and abuse and neglect.			
I use supported decision-making or another tool that lets me make choices about my life.			
I know what my service providers' policies are on reporting abuse and neglect			
I am connected to or know where to go to get connected to self-advocates and self-advocacy training.			
I participate in activities in my community			
I share my experiences and expertise with decision-makers to improve how things work in my state.			
I ask for and get all my information in plain language and in a format that I can understand.			

Self-Advocate Blueprint for Improvement:

Priority Areas for Improvement	Action Step(s): What Tools Can I Use & Who Should We Involve