Reflection Activity:

Self-Advocate Best Practice	A Lot	A Little	Not at all
I am involved in groups that invite me to join and are inclusive of many types of people.			
I am involved in groups that have open communication and help me understand the goals and expectations of the group.			
I am involved in group that create accessible materials so I can participate.			
I have an active role in the groups I participate in.			
People treat me with respect when I am participating in groups.			
I am involved in groups that work with me to be sure I can participate even if that means changing something about how they work.			
I am involved in group that let me share my thoughts and make sure my thoughts are included in decisions.			

Self-Advocate Blueprint for Improvement:

Priority Areas for Improvement	Action Step(s): What Tools Can I Use & Who Should We Involve