

# FEARS AND FACTS

## ABOUT THE COVID-19 VACCINES



### FEAR

THE VACCINES ARE NOT SAFE BECAUSE THEY WERE RUSHED

### FACT

NO STEPS WERE SKIPPED IN TESTING OR DEVELOPMENT

Credit: The Unbiased Science Podcast



### FEAR

RNA VACCINES CHANGE YOUR PERSONAL DNA

### FACT

MRNA DOES NOT AFFECT YOUR DNA

Credit: The Unbiased Science Podcast



### FEAR

MRNA VACCINE TECHNOLOGY IS NEW

### FACT

RNA VACCINES HAVE BEEN AROUND FOR MORE THAN 30 YEARS

Credit: The Unbiased Science Podcast



### FEAR

COVID VACCINES CONTAIN HARMFUL SUBSTANCES

### FACT

VACCINE INGREDIENTS ARE TESTED FOR SAFETY AND ARE PUBLICALLY LISTED

Credit: The Unbiased Science Podcast



### FEAR

YOU WILL GET COVID-19 FROM RECEIVING THE VACCINE

### FACT

NO LIVE COVID VIRUS IS IN ANY OF THE VACCINES

Credit: The Unbiased Science Podcast



### FEAR

VACCINES AFFECT FERTILITY AND PREGNANCY

### FACT

THERE IS NO EVIDENCE THAT THE VACCINE IS ABLE TO AFFECT FERTILITY

Credit: The Unbiased Science Podcast

## Important Information About Getting the COVID-19 Vaccine

People with disabilities are at higher risk for getting sick from COVID-19. It is important that people with disabilities, their families, and their support staff get the vaccine so that everyone is protected.

### Who can get the vaccine?

- If you are 12 years old or older, you are eligible now to get the vaccine. Your paid and un-paid caregivers, including your family members who support you, can also get the vaccine.
  - When you schedule your appointment, try to also get an appointment for your caregiver. You could go together with your caregiver to get the vaccine.
- You should bring confirmation of your appointment, your insurance card, a driver's license or a state ID. If you don't have an ID, bring something with your name on it like mail or a pay stub with your name and address.

### Where can I get the vaccine?

- Most pharmacies are now offering the vaccine including: Costco, CVS, Hy-Vee, Metro Market, Pick-n-Save, Meijer, Walgreens, Walmart and other independent pharmacies are also offering the vaccine.
- Many doctors offices and clinics are now scheduling vaccine appointments.
- To find a vaccine near you, you can use the vaccine provider map at:  
<https://www.dhs.wisconsin.gov/covid-19/vaccine-map.htm>.
- You can also find available vaccine appointments through:  
<https://www.vaccines.gov/>

### How can I get to my vaccine?

- If parents or caregivers are available, they can provide transportation.
- Care Managers, IRIS Consultants or Service Coordinators can help with scheduling transportation if needed. - If you use Non-Emergency Medical Transport (NEMT), it can be scheduled for the same day as your vaccine.
- Some Aging and Disability Resource Centers (ADRCs) and Tribes are starting at home vaccination programs. If you are not able to leave your home to get a vaccine, you should talk to your ADRC or call one of the helplines listed below.

## We Can Help You Get The COVID-19 Vaccine

- You can call the Wisconsin COVID-19 Vaccine Assistance Hotline **(844) 684-1064** for help finding or registering for an appointment.
- You can call BPDD at **(608)-266-7826** and we will help you with getting a COVID-19 vaccine appointment, getting a ride to your appointment, or other problems around getting the vaccine. We will be answering the phone, from 10-4 Monday through Friday. You can also leave us a voicemail after hours and we will call you back.



# Frequently Asked Questions about the COVID-19 Vaccine

## What should I bring to my vaccine appointment?

Each vaccine provider may want you to bring different items. Make sure to check their website or call them to see what you should bring.

Common items to bring include:

- Confirmation of your appointment.
- Your vaccination card, if you are going for your second shot.
- Your insurance card, if you have one.
- An ID or something with your name and address on it, like mail.

You **SHOULD NOT** be turned away if you do not have insurance or an ID.

## Should caregivers get a vaccine?

Yes, it is important for caregivers to get vaccinated. Getting the vaccine can help keep caregivers from getting sick with COVID-19 and spreading it to others.

## Do I need to get two shots for the vaccine to work?

The Pfizer and Moderna vaccines are given in two shots. The Johnson & Johnson vaccine is given in one shot. The person giving the vaccine will let you know if you need to come back for a second shot.

## Should my caregiver or I get the vaccine if we already had COVID-19?

Yes, you should be vaccinated regardless of whether you already had COVID-19, because experts do not yet know how long you are protected from getting it again. If you had a treatment for COVID-19, you should talk to your doctor before getting the vaccine.

## Do we need to pay for the COVID-19 vaccine?

No. You will get the vaccine for free.

## Do I still need to wear a mask and physically distance after getting the vaccine?

Once it has been two or more weeks since your final vaccine shot, you are fully vaccinated. This means you can safely visit with other fully vaccinated people indoors and without masks. You should continue to wear masks and practice physical distancing in public spaces and when visiting people who aren't vaccinated. Learn more about what you can do after you get vaccinated at <https://www.dhs.wisconsin.gov/covid-19/vaccine-after.htm>

## Is the vaccine safe?

Yes. Millions of people in the United States have received COVID-19 vaccines. Some people have no side effects. Many people have reported only mild side effects after COVID-19 vaccination. These are normal signs the body is building protection. When someone gets the vaccine, they wait for 15-30 minutes with the person who gave it to them to make sure they do not have any bad reactions. If you are concerned about getting the vaccine, you should talk to your doctor.

## Who can help me if I have questions?

You can call the Wisconsin COVID-19 Vaccine Assistance Hotline with any questions **(844) 684-1064**. You can also find more resources at: <https://www.dhs.wisconsin.gov/covid-19/vaccine-faq.htm>