

LIVING WELL

Healthy, Safe and Connected

COVID-19

**QHUV TSEEB TXOG COV TSHUAJ
TIV THAIV THIAB KEV NTSHAI**



**COV NTAUB NTAWV THIAB COV PEEV TXHEEJ LOS CEEV KOJ KOM
MUAJ KEV NOJ QAB NYOB ZOO, KEV NYAB XEEB THIAB TXUAS NROG**

NYOB HAUV PHAU NTAWV NO:

Hais Txog Cov Tshuaj Tiv Thaiv
Tus Kab Mob COVID-19.....2

Busting Myths Hais Txog
Cov Tshuaj Tiv Thaiv Tus
Kab Mob COVID-194

Koom nrog peb txhua
HNUB WEDNESDAY rau



qhov uas peb tham nrog
cov kws tshaj lij thiab cov
neeg tawm tswv yim hais
txog cov ncauj lus tseem
ceeb nrog rau cov tshuaj
tiv thaiv tus kab mob
Covid-19 thiab yam koj
tuaj yeem ua kom thiaj
nyob nyab xeeb.



Kv tau txais cov tshuaj tiv thaiv yuav pab txo kev kis tus kab mob COVID-19 kom qeeb thiab ua rau nws muaj kev nyab xeeb dua rau koj nyob hauv koj lub zej zog. Feem ntau ntawm cov tib neeg tuaj yeem siv tau txais cov tshuaj tiv thaiv sai li sai tau thaum muaj cov tshuaj. Qhov nov yog qee cov laj thawj tias yog vim li cas Lub Chaw Tswj Xyuas thiab Tiv Thaiv Kab Mob (CDC) yuav xav tias nws yog qhov zoo uas yuav tos ua ntej yuav tau txais cov tshuaj tiv thaiv.

Yog tias koj...

Tau txais kev kho mob rau tus kab mob COVID-19 nrog "tshuaj tiv thaiv lub cev"

Tau txais tshuaj tiv thaiv rau lwm yam dua li ntawm tus kab mob COVID-19 nyob rau 14 hnuv dhau los

Tau kuaj pom tus kab mob COVID-19 los sis tus kws kho mob tau hais rau koj tias koj kis tau tus kab mob COVID-19

Tau chwv raug ib tus neeg uas muaj tus kab mob COVID-19

Tsis xis neej

Yuav tsum paub tias koj fab tshuaj rau qee yam nyob rau tshuaj tiv thaiv tus kab mob COVID-19

Muaj qhov phiv tshuaj heev rau thawj koob tshuaj tiv thaiv tus kab mob COVID-19

Lub cev puas xeeb tub los sis puas pub niam mis

Pyas yog hnuv nyoog qis dua 16 xyoos

tom qab ntawd Lub Chaw Tswj Xyuas thiab Tiv Thaiv Kab Mob (CDC) xav tias koj yuav tsum...

Tos 90 hnuv tom qab qhov kev kho mob kom tau txais cov tshuaj tiv thaiv tus kab mob COVID-19.

Tos 14 hnuv tom qab txhaj tshuaj tiv thaiv tus kab mob COVID-19 lawm.

Tos 90 hnuv tom qab koj qhov tsos mob ntawm tus kab mob COVID-19 zaum kawg thiaj li yuav tau cov tshuaj tiv thaiv tus kab mob COVID-19.

Tos kom txog thaum koj lub sij hawm cais tus kheej xaas kom tau txais cov tshuaj tiv thaiv tus kab mob COVID-19.

Tos kom txog thaum koj tsis muaj cov tsos mob ntxiv lawm txhawm rau kom tau txais cov tshuaj tiv thaiv tus kab mob COVID-19.

Tham nrog koj tus kws kho mob ua ntej npaj los txhaj tshuaj tiv thaiv tus kab mob COVID-19.

Tham nrog koj tus kws kho mob ua ntej npaj los txhaj koob tshuaj tiv thaiv tus kab mob COVID-19 koob thib ob.

Tham nrog koj tus kws kho mob ua ntej npaj los txhaj tshuaj tiv thaiv tus kab mob COVID-19.

Tham nrog koj tus kws kho mob ua ntej npaj los txhaj tshuaj tiv thaiv tus kab mob COVID-19.

Txoj hauj lwm no tau txhawb nqa, ib feem los ntawm tus naj npawb nyiaj pab dawb 90DNIQ0004-01-00, los ntawm Asmeskas Cov Thawj Coj Saib Xyuas Kev Noj Nyob Hauv Zej Zog, Chav Hauj Lwm Saib Xyuas Kev Noj Qab Haus Huv thiab Tib Neeg, Washington, D.C. 20201. Cov neeg tau txais kev pab cuam los ntawm tsoom fvv cov koom haum pab cuam raug txhawb kom muaj kev ywj pheej los qhia lawv kev tshawb pom thiab kev pom zoo. Cov ntsiab lus ntawm kev tsoom pom los sis cov kev xav tsis tseeb, yog li ntawd, yuav tsum sawv cev rau ACL tsab cai.

Hais Txog Cov Tshuaj Tiv Thaiv Tus Kab Mob COVID-19

Nws IB TXWM muaj lus nug ntau txog tshuaj tiv thaiv thiab ntau heev uas peb tsis paub, tab sis ntawm no yog cov lus teb rau qee cov lus nug txog kev txhaj tshuaj.

Cov tshuaj tiv thaiv tus kab mob COVID-19 yog dab tsi?

Nws yog yam tshuaj pab rau koj kom tsis txhob mob los ntawm tus kab mob COVID-19. Koj tau txais cov tshuaj no los ntawm kev txhaj ob koob hauv koj txhais caj npab li ntawm peb los sis plaub as thiv sib nrug. Koj xav tau ob yam tshuaj rau cov tshuaj ua hauj lwm. Tom qab ntawd, tej zaum koj yuav tsum tau txhaj tshuaj tiv thaiv txhua xyoo.

Cov tshuaj tiv thaiv tus kab mob COVID-19 puas muaj kev nyab xeeb?

Cov tshuaj tiv thaiv puas tau muaj sim nrog ntau txhiab tus neeg kom paub meej tias nws muaj kev nyab xeeb. Cov neeg no muaj hnuv nyoog sib txawv thiab ntau haiv neeg thiab lawv muaj cov mob sib txawv. Feem ntau ntawm cov neeg tsis muaj qhov tshwm sim hnyav rau cov tshuaj tiv thaiv.



Vim li cas kuv thiaj yuav tsum txhaj tsuaj tiv thaiv tus kab mob COVID-19?

Kev txhaj tshuaj tiv thaiv tuaj yeem tiv thaiv koj kom tsis txhob ua mob los ntawm tus kab mob COVID-19. Yog tias koj kis tau tus kab mob, koj yuav tsis muaj mob los ntawm nws. Tom qab ntau tus neeg tau txais kev txhaj tshuaj tiv thaiv, peb tuaj yeem rov qab mus rau peb cov hauj lwm thiab pib pom tib neeg dua ntxiv.



Leej twg thiaj yuav tsum txhaj cov tshuaj tiv thaiv tus kab mob COVID-19?

Cov neeg xiam oob qhab yog cov muaj feem ntau yuav mob los ntawm tus kab mob COVID-19. Nws yog ib qho tseem ceeb uas cov neeg xiam oob qhab, lawv tsev neeg, thiab cov neeg ua hauj lwm pab cuam tau txais cov tshuaj tiv thaiv tus kab mob COVID-19 kom txhua tus neeg muaj kev tiv thaiv. Khij daim duab ntawm Nplooj 1 yog tias koj xav paub tias nws muaj kev nyab xeeb rau koj.

Leej twg yuav them rau kuv cov nqi tshuaj tiv thaiv tus kab mob COVID-19?

Tsoom fwv tau them nqi rau cov tshuaj tiv thaiv yog li koj yuav tsis raug them ib qho dab tsi los txhaj tshuaj tiv thaiv.

Kuv tuaj yeem tau txais cov tshuaj tiv thaiv tus kab mob COVID-19 nyob rau qhov twg?

Tib neeg kuj tseem yuav tau txais cov tshuaj tiv thaiv nyob ntawm lawv tus kws kho mob los sis chaw kuaj mob, chaw muag tshuaj, chav saib xyuas kev noj qab haus huv hauv zej zog, ntawm lawv txoj hauj lwm, thiab ntawm cov chaw txhaj tshuaj loj. Txhua lub nroog txhaj tshuaj tiv thaiv tus kab mob COVID ntau txoj hauv kev. Tshawb saib cov vev xaib (xws li Hauv Paus Saib Xyuas Kev Noj Qab Haus Huv Hauv Cheeb Tsam thiab Pawg Neeg, chaw muag tshuaj, los sis tsev kho mob), xov xwm hauv zos, thiab txawm tias muaj xov xwm hauv zej tsoom kom paub seb qhov twg yuav muaj cov tshuaj tiv thaiv nyob ze koj thiab koj cov neeg saib xyuas.

Kuv yuav xav li cas yog tias kuv tau txhaj tshuaj tiv thaiv?

Koj tau txhaj tshuaj tiv thaiv uas yog txhaj koob tshuaj tiv thaiv ntawm koj txhais caj npab. Nws sai thiab yooj yim. Koj sab caj npab yuav liab me ntsis los sis mob tom qab koj tau txhaj koob tshuaj. Koj yuav ua npaws, mloog zoo li nkees, mob taub hau, los sis mob ib ce thiab nkees. Qhov no yog qhov txwm thiab yuav mob li ib hnub los sis ob hnub. Nws zoo ntau yam uas koj tuaj yeem xav tom qab txhaj tshuaj kab mob khaub thuas.

Thaum twg kuv thiaj tsim nyog txhaj tshuaj tiv thaiv tus kab mob COVID-19?

Koj yuav tsum tau txhaj tshuaj sai li sai tau thaum muaj rau koj. Nws yuav siv sij hawm li 9 txog 12 hlis rau txhua tus neeg hauv Wisconsin kom tau txais qhov tshuaj tiv thaiv. Lub xeev Wisconsin muaj phiaj xwm rau tus neeg txhaj tshuaj tiv thaiv ua ntej. Cov neeg ua hauj lwm kho mob, thawj cov neeg teb, cov neeg nyob hauv tsev laus, thiab cov neeg ua hauj lwm tseem ceeb yuav tau txhaj tshuaj ua ntej.

Kuv puas yuav tsum tau txhaj tshuaj tiv thaiv yog tias kuv twb kis tau tus kab mob COVID-19 lawm?

Tham nrog koj tus kws kho mob txog qhov no. Cov neeg uas muaj tus kab mob no tuaj yeem rov mob dua ntxiv. Cov kws tshaj lij tseem tab tom kawm txog tus kab mob thiab cov tshuaj tiv thaiv. Koj tus kws kho mob yuav tsum paub cov ntaub ntawv tshiab tshaj plaws.



Kuv puas tseem yuav tsum tau looj daim ntaub npog qhov ncauj qhov ntswg, kev sib nrug zej tsoom thiab ntxuav kuv txhais tes tom qab kuv tau txhaj tshuaj tiv thaiv?

Yog. Nws yog ib qho tseem ceeb rau txhua tus ua cov no kom txog thaum kws kho mob kawm paub ntau ntxiv txog cov tshuaj tiv thaiv tus kab mob COVID-19. Looj daim npog qhov ncauj qhov ntswg, kev sib nrug zej tsoom thiab ntxuav tes kuj tseem yuav pab kom koj tiv thaiv lwm cov kab mob zoo li khaub thuas.

Tau txais cov ntaub ntawv tshiab txog ntawm cov tshuaj tiv thaiv los ntawm DHS ntawm
<https://www.dhs.wisconsin.gov/covid-19/vaccine.htm>

Hais Txog Cov Kev Ntshai Xav Txog Cov Tshuaj Tiv Thaiv tus kab mob COVID-19

Kev Ntshai: Cov tshuaj tiv thaiv tus kab mob COVID-19 tsis muaj kev nyab xeeb vim tias nws tau ua nrawm heev.

Qhov Tseeb: Tsoom fwm tau muab nyiaj ntau rau cov tuam txhab coj los txhaj tshuaj tiv thaiv. Cov tuam txhab no tau siv cov nyiaj no rau cov kws tshaj lij thiab cov kws kho mob ua cov kev tshawb fawb thiab kev sim tshuaj txhawm rau ua cov tshuaj tiv thaiv. Cov tshuaj tiv thaiv tau sim rau ntau dua 30,000 tus neeg. Cov tuam txhab lag luam yuav tsum saib xyuas seb cov neeg no tau coj li cas kom pom tias lawv muaj teeb meem kev noj qab haus huv tom qab tau txais tshuaj tiv thaiv. Lub koom haum tseem fwm saib xyuas cov tuam txhab uas tsim cov tshuaj (hu ua Cov Tswj Xyuas Zaub Mov thiab Yeeb Tshuaj (Food and Drug Administration) los sis "FDA")), muaj cov kws tshaj lij saib cov tshuaj tiv thaiv thiab cov tshuaj tshawb xyuas. Cov Tswj Xyuas Zaub Mov thiab Yeeb Tshuaj pom tias cov tshuaj tiv thaiv muaj kev nyab xeeb.

Kev Ntshai: Muaj qhov mob phem tshwm sim los ntawm cov tshuaj tiv thaiv tus kab mob COVID-19.

Qhov Tseeb: Qee tus neeg muaj cov kev mob tshwm sim los ntawm cov tshuaj tiv thaiv tab sis feem ntau cov kev mob tshwm sim tsis phem. Qee tus neeg yuav mob ntawm lawv txhais caj npab qhov lawv tau txhaj tshuaj. Qee tus neeg yuav mloog zoo li nkees los sis mob taub hau, ua daus no, ua npaws, los sis mob ib ce ntev mus ib hnuv los sis ob hnuv. Cov kev mob tshwm sim no tsis txhais tau tias koj mob rau tus kab mob COVID-19. Nws txhais tau tias koj lub cev tau npaj txhij los mus tiv thaiv nws tus kheej los ntawm tus kab mob COVID-19.

Kev Ntshai: Coob tus neeg yuav tuag los ntawm cov kev mob tshwm sim los ntawm tus kab mob COVID-19 ntau dua li cov neeg tuag vim tus kab mob no.

Qhov Tseeb: Tuag los ntawm kev txhaj (tshuaj suav nrog cov tshuaj tiv thaiv tus kab mob COVID-19) muaj tsawg kawg. Cov tshuaj tiv thaiv yog qee yam khoom kho mob uas muaj kev nyab xeeb tshaj plaws uas tib neeg tau txais.

Kev Ntshai: Yog tias koj twb muaj tus kab mob COVID-19 lawm, koj tsis tas yuav mus txhaj tshuaj tiv thaiv.

Qhov Tseeb: Cov kws paub txog kev kho mob tsis paub meej tias cov neeg muaj kev tiv thaiv ntev npaum li cas (los sis muaj "tshuaj tiv thaiv" los tua cov kab mob) tom qab lawv tau txais tus kab mob COVID-19. Nws tuaj yeem yog lub lim tiam, hli los sis ntev dua. Vim tias tsis muaj leej twg paub tseeb, cov neeg uas tau txais tus kab mob COVID-19 tseem yuav tsum tau txais tshuaj tiv thaiv txhawm rau tiv thaiv kab mob. Lub Chaw Tswj Xyuas thiab Tiv Thaiv Kab Mob (CDC) pom zoo kom tos 90 hnuv tom qab tau txais tus kab mob COVID-19 txhawm kom tau txais tshuaj tiv thaiv.

Kev Ntshai: Thaum koj tau txhaj tshuaj tiv thaiv, koj tiv thaiv tau lub neej.

Qhov Tseeb: Cov kws kho mob tseem tsis tau paub tias ntev npaum li cas qhov tshuaj tiv thaiv yuav ua rau tib neeg muaj mob. Cov kws tshaj lij tab tom tshawb nrhiav. Tib neeg kuj yuav tsum tau txhaj tshuaj tiv thaiv kab mob ib xyoos ib zaug, ib yam li koob tshuaj txhaj tiv thaiv ua npaws. Feem ntau ntawm kev tiv thaiv los ntawm txhaj tshuaj tiv thaiv tsis kav ntev mus tas lub neej.

Kev Ntshai: Koj tuaj yeem tsis hnav lub npog qhov ncauj qhov ntswg tom qab koj tau txhaj tshuaj tiv thaiv kab mob.

Qhov Tseeb: Nws yuav siv sij hawm li ob peb lub lim tiam rau cov tshuaj tiv thaiv pib ua hauj lwm tom qab ib tus neeg tau txhaj. Qhov tshuaj tiv thaiv no tsuas yog ib txoj hauv kev los pab cuam kom tus kab mob tsis txhob mus ntawm ib tus neeg mus rau lwm tus. Tib neeg yuav tsum tau npog lub qhov ncauj qhov ntswg kom txog thaum txhua tus txhaj tshuaj tiv thaiv kab mob. Cov kws tshaj lij yuav qhia rau tib neeg thaum nws muaj kev nyab xeeb kom tsis txhob siv lub npog qhov cauj qhov ntswg. Qhov no yuav siv ntau lub hlis ntxiv. Koj yuav tsum khaws koj daim npog qhov ncauj qhov ntswg, nyob nrug tsawg kawg rau tshim ntawm lwm tus, thiab ntxuav koj txhais tes.

Kev Ntshai: Cov tshuaj tiv thaiv muaj tus kab mob khaus lauv nam vais lav rau lawv thiab yuav ua rau tib neeg muaj mob.

Qhov Tseeb: Cov tshuaj tiv thaiv tsis siv tus kab mob muaj sia uas tuaj yeem ua rau neeg mob los ntawm tus kab mob COVID-19. Cov tshuaj tiv thaiv ua hauj lwm los ntawm kev qhia koj lub cev kom qhia thaum tus kab mob no nyob hauv koj lub cev. Lub cev pom tus kab mob thiab tua nws tom qab txhaj tshuaj. Qee cov neeg tau txais cov kev mob tshwm sim los ntawm cov tshuaj tiv thaiv, tab sis qhov ntawd tsis tau txhais tias lawv tau mob nrog tus kab mob COVID-19.

Kev Ntshai: Cov tshuaj tiv thaiv hloov lub cev lub cev caj ces, los sis "DNA".

Qhov Tseeb: Qee hom tshuaj tiv thaiv yog siv cov hauv kev tshiab rau lub cev kom tua tus kab mob. Lawv ua qhov no los ntawm kev siv qee yam ntawm lub cev caj ces hu ua mRNA. mRNA qhia rau lub cev ua li cas rau kev hloov kho tus kab mob los sis kab mob sib kis. Qhov no tsis hloov pauv tib neeg cov noob caj noob ces los sis DNA. Cov kws tshaj lij tau pom tias qhov tshuaj tiv thaiv muaj kev nyab xeeb.

Kev Ntshai: Koj tsis tas yuav tsum txhaj ob koob tshuaj tiv thaiv nyob rau hauv kev txhaj tshuaj ntxiv.

Qhov Tseeb: Qee cov tshuaj tiv thaiv tau txhaj ob koob. Cov neeg yuav tsum tau txhaj ob koob tshuaj tiv thaiv kom ua hauj lwm. Thawj koob tshuaj pab lub cev tsim kev tiv thaiv tus kab mob. Txhaj tshuaj koob thib ob ua rau lub cev muaj peev xwm tawm tsam nrog tus kab mob. Koj yuav tsum muaj ob koob txhaj tshuaj rau qhov kev tiv thaiv zoo tshaj plaws. Tej zaum yuav muaj lwm txoj kev txhaj tshuaj tuaj yeem ua raws uas tsuas yog xav tau ib koob xwb tab sis tsis tau npaj txhij.

Kev Ntshai: Yog tias koj tau txhaj tshuaj tiv thaiv khaub thuas, koj tsis tas yuav txhaj tshuaj tiv thaiv tus kab mob COVID-19.

Qhov Tseeb: Kev mob khaub thuas thiab tus kab mob COVID-19 yog ob hom sib txawv. Cov tshuaj tiv thaiv khaub thuas tiv thaiv cov kab mob khaub thuas. Cov tshuaj tiv thaiv tus kab mob COVID-19 tiv thaiv cov kab mob COVID-19. Yog li, txhaj tshuaj tiv thaiv khaub thuas yuav tsis pab tua tus kab mob COVID-19. Nws yog ib qho tseem ceeb uas yuav tsum tau txhaj tshuaj ob zaug txhawm rau kev nyob nyab xeeb.

