



# People First Wisconsin

## Living Well Self-Advocate Leader Request for Application

### Purpose of this Request for Application

People First Wisconsin is seeking applications from eight (8) people with intellectual/developmental disabilities (I/DD) to become **Self-Advocate Leaders** for the Wisconsin Board for People with Developmental Disabilities' (BPDD) Model Approaches to Living Well grant project. **Self-Advocate Leaders** are needed in the following areas:

- Madison/Beaver Dam area
- Appleton/Fond du Lac area
- Janesville
- La Crosse
- Platteville
- West Allis/Milwaukee area
- Watertown

### What will the Self-Advocate Leaders do?

The **Self-Advocate Leaders** will partner with the following Living Well pilot organizations in their area to provide self-advocacy, safety and abuse prevention instruction and facilitate peer groups over the next four years: LOV-Dane, Community Living Connections, SOAR Fox Cities, Aativ, Down Syndrome Association of Wisconsin, and Bethesda Lutheran Communities.

**Self-Advocate Leaders** will co-teach self-advocacy, safety, and abuse prevention classes using the *Safe & Free* curriculum developed by People First Wisconsin for the Living Well project. The training covers sensitive topics, including but not limited to identifying and reporting abuse and neglect, consent, dating and intimate relationships. **Self-Advocate Leaders must be comfortable facilitating discussions with peers on these topics.**

### What is the BPDD's Model Approaches to Living Well grant project?

Model Approaches to Living Well (called 'Living Well' for short) is a five-year federal grant from the Administration on Community Living (ACL) to develop and test approaches for improving the safety, wellness, and community inclusion for people with intellectual and developmental disabilities (I/DD) who receive home and community-based services (HCBS). ACL considers this a Project of National Significance and Wisconsin is one of five states to receive the grant.

One component of the Living Well project is to provide self-advocacy/safety/abuse prevention instruction and develop peer leadership networks with the six Living Well pilot organizations. To do this, People First Wisconsin will identify, provide training to and support the work of eight Living Well **Self-Advocate Leaders** for the next four years (2019-2023).

**What responsibilities do the Self-Advocate Leaders have to agree to do?**

- Attend a two-day train-the-trainer session on September 23 and 24, 2019 from 1:00pm on September 23<sup>rd</sup> through 4:00pm on September 24<sup>th</sup> at the Department of Administration Building 191 East Wilson Ave, Madison, WI in the St. Croix Room
- Partner closely the Living Well pilot organization(s) in your area to coordinate and deliver safety and abuse prevention classes over the next four years
- Support the development of a peer leadership network over the next four years by facilitating peer group meetings 9x per year
- Join monthly planning calls with People First Wisconsin on the first Thursday every month at 10:00am over the next four years
- Attend full-day Living Well project consortium meetings 3x per year in Madison over the next four years (Next meeting is October 30, 2019. Dates to be determined for next year's meetings).

**What must applicants have the ability to do (with or without support)?**

- Pass a standard background check
- Travel to Madison for full day meetings at least 3 times throughout the year
- Join and participate in monthly conference calls on the first Thursday of the month from 10:00am to 11:00am
- Work with the assigned Living Well grantee organization to plan self-advocacy/safety/abuse prevention classes and peer network meetings
- Travel to and co-facilitate self-advocacy/safety/abuse prevention classes and peer network meetings on a regular basis in your area (e.g. once a week for a series of 6 weeks for the classes and once a month for the peer network meetings). Classes are typically 2 hours long.
- Attend train the trainer session on September 23-24, 2019
- Attend the Living Well consortium meeting on October 30, 2019 in Madison
- Respond to emails and calls in a timely fashion
- Send an invoice each month to People First Wisconsin to receive compensation

*You must be able to make all these commitments in order to apply.*

### **What will People First Wisconsin do?**

- Complete an annual written agreement with you that outlines the work responsibilities and compensation
- Train you on the self-advocate workshop curriculum you will use
- Provide you with all the materials and supplies you need for doing the trainings in your area
- Introduce you to the person you will be working with at the Living Well pilot agency
- Hold monthly conference calls with you and the other Living Well **Self-Advocate Leaders** to share ideas and plan out your work
- Be available to you by phone and email to answer your questions or concerns

### **What will the Self-Advocate Leaders be paid?**

**Self-Advocate Leaders** will be Independent Contractors with People First Wisconsin and will be paid on a stipend basis for work performed under the Living Well Self-Advocate Leader Contract between the People First Wisconsin and the Self Advocate Leader.

<b>Activity</b>	<b>Frequency</b>	<b>Payment</b>	<b>Annual Maximum Amount Per Self-Advocate Leader</b>
Participate in two-day Train the Trainer session	One time	\$200	\$200
Attend Living Well Consortium Meetings in Madison	3x per year	\$100 each	\$300
Co-teach Safe & Free Classes with Living Well Pilot Agency	12 classes per year (two rounds of a six-workshop series)	\$60 each (includes prep time)	\$720
Facilitate Peer Group Meetings with Living Well Pilot Agency	9 meetings per year	\$40 each	\$360
Conference Calls with People First Leadership	8 calls per year	\$25 each	\$200
Other project activities and advocacy per request	As needed	Approximately \$200 per person for activities (variable payments)	\$200

Gas cards for travel	As needed	\$25 gas card	Variable depending on distance traveled
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If hotel arrangements are needed for train the trainer, consortium meetings or other project related meetings, these will be arranged for and paid for by People First Wisconsin or the Living Well project.

**When and where are applications due?**

- Applications are due by August 29. Awards will be announced September 10th.
- Submit applications by email or mail

By mail to:

People First Wisconsin  
c/o Cindy Bentley  
5150 N Port Washington Rd. Suite 102  
Glendale WI, 53217

By email to:

[peoplefirstwi@gmail.com](mailto:peoplefirstwi@gmail.com)  
AND  
[admpfw@gmail.com](mailto:admpfw@gmail.com)

**How will the Living Well Self-Advocate Leaders be chosen?**

- Applications will be reviewed and scored by a review team of at least 3 people.
- Each member will read and score each proposal independently, discuss each proposal jointly, and then submit final results for tabulation.
- The quantitative score from each member will be averaged and a final score will be assigned to the proposal. Scores will be ranked from highest to lowest scores. The highest ranked proposals will be chosen to move onto a phone interview with the People First leadership team.
- Eight **Self-Advocate Leaders** will be chosen based on application scores and phone interview performance.
- Awards will be announced September 10th.

**If you have questions or need application materials in an alternative format and/or language, contact: Cindy Bentley [peoplefirstwi@gmail.com](mailto:peoplefirstwi@gmail.com) (please also copy [admpfw@gmail.com](mailto:admpfw@gmail.com)) or 414-483-2546**

## ***Living Well Self-Advocate Leader Application***

***The completed application is due by 5:00 p.m. on Thursday August 29, 2019. Late applications will not be accepted.***

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**Applicant(s) Name:**

**Address:**

**Telephone:**

**Email address:**

**1. Which location are you applying for (check one):**

- Madison/Beaver Dam
- Appleton/Fond du Lac
- West Allis/Milwaukee
- Platteville
- Watertown
- La Crosse
- Janesville

**2. Are you able to (with or without support):**

<b>Task:</b>	<b>Yes</b>	<b>No</b>
Travel Madison for full day meetings		
Join and participate in monthly conference calls on the first Thursday of the month		
Work with the Living Well grantee organization to plan classes and peer network meetings		
Travel to/from and co-facilitate classes and peer network meetings on a regular basis in your area		
Attend train the two-day trainer session on September 23-24, 2019 in Madison		
Attend the Living Well Consortium meeting on October 30, 2019		
Participate in monthly conference calls from 10:00am to 11:00am on the first Thursday of the month		
Send an invoice each month to WI People First to receive compensation		

**3. Why do you want to be a Living Well Self-Advocate Leader?**

**4. Please describe the experience you have with self-advocacy:**

**5. Please describe the experience you have with peer mentoring or leadership:**

**6. Please describe your experiences with public speaking and teaching:**

**7. Why should WI People First choose you to be a Living Well Self-Advocate Leader?**