










# BOARD RETREAT JULY 18-19<sup>TH</sup>, 2018


## WEDNESDAY, JULY 18<sup>TH</sup>, 2018

Time	Symbol	Topic	Facilitator/Presenter
11:00-11:45 PM		Welcome Overview of Retreat, Outcomes, Motivation & Engagement	La Toya Sykes
11:45-12:30 PM		Lunch Room:	All
12:30-1:30 PM		Housekeeping Warm-up Exercise	La Toya Sykes
1:30- 2:45 PM		Exercise 1 Appreciations/Accomplishments Value Exploration/Self Care	La Toya Sykes
2:45-3:00 PM		Break	All
3:00-4:30 PM		Exercise 2 Communication Strategies	La Toya Sykes
4:30-5:00 PM		Review of plans for Thursday	La Toya Sykes
6:00-8:00 PM		Community Conversation/Dinner	All


 = Meal

 =Meeting









 =Presentation

 =Vote

 =Walking Activity

 =Break

# THURSDAY, JULY 19<sup>TH</sup>, 2018

Time	Symbol	Topic	Facilitator/Presenter
7:45-8:30 AM		Breakfast	All
8:30-9:00 AM		Welcome -Information Recall	La Toya Sykes
9:00-10:15 AM		Team Building Exercise -How to fall in love with your work again	La Toya Sykes
10:15-10:30 AM		Break – <b>FILL OUT, SIGN, AND RETURN TRAVEL VOUCHERS to BPDD STAFF</b>	All
10:30-12:00 PM		Next Step Exercise	La Toya Sykes
12:00-1:00 PM		Lunch	All
1:00-2:00 PM		BPDD Budget Platform Discussion	Tami J/Beth S
2:00-3:00 PM		Retreat Review & Close	La Toya Sykes

